

PRIMAL **BAR & GRILL**

Thank you for visiting us at Primal, the home of the fabulous LONGHORN RANGE of smoked and slow cooked steaks, in addition to a diverse modern Australian menu with a tilt towards the Southern America's cuisine.

Full range of cocktails, wines, spirits, beers and non alcoholic drinks are at the rear of the menu (happy hour 5.30 - 6.30 daily).

If you have any allergies or questions do not hesitate to ask our friendly crew.

Now relax, enjoy the atmosphere and the company of your family and friends

GETTING STARTED

GARLIC BREAD (v)	8.5	Salt and Pepper calamari	15
Cheesy garlic bread	11	Seasoned and flash fried with our house salt and pepper seasoning. Sweet chilli.	
Cheesy bacon garlic bread	13		
Bruschetta	14	Louisiana chook	16
Garlic bread topped with traditional Italian bruschetta and parmesan cheese		Double coated in house southern seasoning and deep fried. Served with BBQ ranch dressing	
Smoked chicken wings	16	Flowering onion	16
Dry marinated, wood smoked, flash fried on order. Served with Benji med hot peri peri sauce		Whole onion dipped in house seasoning and deep fried. Served with Ranch dressing	
		Southern tasting platter	34
		Smoked chicken wings, salt & pepper calamari, Southern chicken tenders, Longhorn skewers and onion rings served with ranch slaw and Chipotle Ranch sauce.	

Surcharge of 15% applies on public holidays

FROM THE GRILL



Bringing to you the award winning '36° South' premium range of beef. Sourced from exclusively British breeds, MSA 4 graded, grain fed and hand picked from the lush SA & Vic grasslands of the 36th parallel

We have a great range of beef dishes including our popular '**LONGHORN RANGE**' of smoked and slow cooked striploin steaks. Longhorns come from *medium* due to the cook process.

All steak meals come served with a choice of two sides, can be upgraded in 100g increments and have a range of delicious toppers available.

Our Longhorn Range

Dinner only

Smoked Longhorn 250g 37

Premium striploin dry marinated before smoking over hickory until tender. Finished on the flame grill.

Slow cooked Longhorn 250g 37

Premium striploin slow cooked overnight to create a deliciously tender steak. Finished on the flame grill

Regular steaks

Rump 300g 32

Striploin 250g 34

Scotch Fillet 300g 50

Steak toppers

Tex Mex 5.5

Cheese sauce, house chilli sauce, jalapinos

Sautéed mushrooms 6.5

Pan fried sautéed garlic mushrooms

Surf & Turf 9.5

Pan fried prawns, calamari and garlic cream sauce

BBQ pork ribs 200g 14.5

Served with rich BBQ hickory sauce

Other slow cooked and grilled stuff

Coca cola brisket 29

Slow cooked 36°South brisket served with mash and seasonal vegetables

BBQ pork ribs 500g 48

Slow cooked and finished on the flame grill with rich BBQ hickory sauce. Served with your choice of two sides.

Steak sides Also available as extras

Seasonal vegetables

Mashed potato

Smashed potatoes w/ sour cream (+\$1)

House salad

Steak fries (+\$1)

Smashed potatoes (fries alternative)

Sweet potato fries (+\$1)

Java rice

Steak sauces

Pepper 5

Mushroom 5

Garlic white wine 5

Rich beef gravy 5

Steak upgrades 100g

Longhorn 8.5

Rump 6.5

Striploin 7.5

Scotch fillet 11.5

SCHNITTY'S & GRILLED CHICKEN

Served with smashed potatoes (or fries +\$1) & salad

Traditional parmy	27	Pineapple bacon schnitty	30
Crumbed chicken schnitty with a house napoletana sauce and grilled cheese		Crumbed chicken schnitty, tomato chilli relish, grilled pineapple, crispy bacon and grilled cheese	
Plain schnitty with gravy	25	Chicken mushroom	29
Crumbed chicken schnitty with side gravy		Flame grilled chicken breast topped with pan fried mushrooms and house mushroom sauce	
Avo, bacon bearnaise schnitty	32	Benji peri peri	29
Crumbed chicken schnitty topped with béarnaise, bacon, avocado and grilled cheese.		Flame grilled marinated chicken breast served with Benji peri peri sauce	

BURGERS AND SANDWICHES

Served with smashed potatoes (or fries +\$1)

Primal steak burger	28	Mushroom burger (v)	22
Smoked Longhorn, lettuce, tomato, onion, bacon, egg, cheese sauce, pickles, onion rings and tomato chilli jam. Brioche.		Sautéed mushrooms, cheese, rocket and garlic on a milk bun with lettuce, tomato, onion and tomato chilli relish.	
Southern chicken burger	23	Steak sandwich	26
House seasoned deep fried chicken breast with lettuce, tomato, onion, American cheese sauce and ranch dressing. Brioche.		Smoked Longhorn, lettuce, tomato, grilled onion, cheese, BBQ hickory sauce. Turkish roll	
American cheese burger	25	Bacon cheese burger	25
House 100% beef patty, American mustard, tomato relish, onion, pickles and American cheese sauce. Brioche.		House 100% beef patty, lettuce tomato, onion, cheese, bacon BBQ sauce. Milk bun.	

BURGER EXTRAS

Gluten free (GF) bun	4
Crispy bacon	4
Grilled onion	4
Battered onion rings (4)	4
Cheese slice	3
Fried egg	4
Sliced avocado (1/2)	5
Burger pattie & cheese	7

SAUCES AND DRESSINGS

Peri peri (GF)	3.5
Garlic aioli (GF)	3.5
Ranch dressing (GF)	3.5
Bearnaise (GF)	3.5
Sour cream (GF)	3.5
Ginger sweet soy	3.5
Chipotle ranch	3.5

SEAFOOD

From local and imported sources

Dukkah crusted salmon 37

Pan fried salmon topped with dukkah and served on a bed of mash with steamed seasonal vegetables

Fish and chips 26

Battered barramundi served with smashed potato (or fries +\$1) salad and tartare sauce.

Barra and prawns 33

Pan fried barramundi and prawns topped with house garlic white wine sauce. Served with smashed potato (or fries +\$1) and salad.

SALADS

Chicken caesar salad 26

Cos lettuce, bacon, parmesan cheese, croutons and egg topped with flame grilled chicken

Thai Beef salad 25

Glazed beef on a Thai combination of mesculin, slaw, tomato, cucumber, coriander, mint, fresh chilli, peanuts and fried shallots. Komang dressing is served on the side

The New Mexico (V) 21

Served cold in a tortilla bowl. Corn, mixed beans, onion, cucumber, garlic, coriander, jalapeños, cheese, tomato chilli jam and sour cream.

PASTA

Chicken or pork belly Carbonara 25

Your choice of tender gilled chicken or crispy pork belly

Seafood marinara 25

Prawns, calamari and barra tossed in a delicious marinara sauce

KIDS (U12).

Chicken popcorn 11

Battered chicken breast served with smashed potatoes (or fries +\$1) and tomato sauce

Burger 13

House 100% beef patty, cheese. Served with smashed potatoes (or fries +\$1) and tomato sauce

Pasta bolognese 11

Beef bolognese topped with cheese

Steak 15

Served with smashed potatoes (or fries +\$1) and tomato sauce